

June 2024 Newsletter

CATHOLIC PARISH OUTREACH FOOD PANTRY



Kelly



We are approaching the Summer Solstice which marks the “longest day” of the year on June 20th (the most hours of daylight). It is also the period of time that children look forward to, and financially challenged families dread. The school year will be a memory as well as school breakfast and lunch programs which feed food insecure children. These families budgets face a larger strain than other times of year since they must worry about feeding their families more meals, as well as juggling working with child care duties.

Included in this newsletter is a survey by Urban Institute that highlights the issues they face. People are still paying more than 20% than the beginning of the pandemic for groceries. Since it is the 3rd highest expense behind housing and transportation, this is a very worrying statistic!

During this period of stubbornly high food inflation, as well as a lack of affordable housing options, many families have resorted to taking on more debt and utilizing food pantries more than ever. This number will rise even further this summer.

I am so thankful for all the support we have from our donors, volunteers and staff to meet this need. I am sure we will rise to the challenges together!

Stay Safe and God Bless!

Kelly

***Reminder that CPO is Closed on
Thursday July 4th for the holiday.***



Kelly Rappl
Program Director
E-mail: Kelly.Rappl@ccharitiesdor.org
919-873-0245 x2300

Deanna McCulloch
Assistant Program Director
E-mail: Deanna.McCulloch@ccharitiesdor.org
919-873-0245 x2310

Susan Hicks
Health Education Specialist
E-mail: Susan.Hicks@ccharitiesdor.org
919-873-0245 X2350

Myra Bradley
Family Care Coordinator
E-mail: Myra.Bradley@ccharitiesdor.org
919-873-0245 x2320

Darcy Hull
Volunteer Coordinator
E-mail: CPOvol.Coordinator@ccharitiesdor.org
Phone: 919-873-0245 x2370
Text: 919-847-1466

**2013 Raleigh Blvd, Raleigh NC 27604
919-873-0245
cporaleigh.org**

**Hours of Operation:
Mon/Wed/Thurs/Friday & 2nd/3rd/4th Saturday
9 am—12 pm**

**We are now open 3 Saturdays a month for
CPO food distribution.**

**CPO is open from 9 am—12pm:
2nd Saturday
3rd Saturday
4th Saturday**

**We will be open 1st and 5th Saturdays later
in 2024.**

**Looking to volunteer please contact Darcy ,
CPO Volunteer Coordinator at
919-847-1466 (call or text) or
CPOvol.Coordinator@ccharitiesdor.org
(email) for more details!**

June 2024 Newsletter

CATHOLIC PARISH OUTREACH FOOD PANTRY

CEO Lisa Perkins discusses Catholic Charities services



CBS17 recently sat down with Chief Executive Officer Lisa Perkins to discuss rising food prices and the work Catholic Charities is doing to fight hunger.

RALEIGH, N.C. (WNCN) — The rising cost of food is hitting families hard.

“Families are facing harder times, especially around food insecurities and for us to be there to walk their journey with them is essential,” said Catholic Charities of the Diocese of Raleigh Chief Executive Officer Lisa Perkins.

She says food insecurity doesn’t discriminate.

“I think the most touching story is we had a teacher come and it’s someone you wouldn’t expect to see. We served her with dignity and respect,” she said.

Perkins says this is what their organization does every year.

She says they’re always looking for essential items, but cash goes a long way to purchase what families need. She also says the need is up.

“Catholic Charities have seen a 30 percent increase in the number of individuals coming to our food pantries,” she said.

	FY 23	FY 24	
CPO	Jul23-May24	Jul23-May24	% Incr
Families Served	17109	23796	43.6%
People Served	66121	93006	40.5%

CPO has seen a sharp rise in clients that exceeds Catholic Charities average of 30% increase across all 5 food pantries that serve the diocese!

CPO	May-23	May-24	% Incr
Families Served	1757	2324	33%
People Served	6712	9151	37%



Volunteers Needed for CPO’s “CPO Samaritans” Home Delivery

To better serve our neighbors in need, CPO has been piloting a home delivery program for those who are homebound or lack transportation. Due to demand /need, this program is starting to grow, and more volunteers are needed. We are in need of assemblers and drivers. The home deliveries are made on Wednesdays and Thursdays leaving CPO around 10am. Assemblers would be responsible for putting together the orders for the drivers to deliver.

If you, a friend, or family member has a couple of hours a week and are interested in becoming a home delivery volunteer, please contact Susan Hicks at susan.hicks@ccharitiesdor.org.

CPO is still in DESPERATE need of toddler (2T-6T) clothing to provide to our clients and we need your help! Currently, our racks and bins are not full and new families are coming to CPO daily. We need more clothing to help families who are in need with young children.

Ways you can help source TODDLER (2T-6T) clothing:

- Share with us the clothes your children and grandchildren have outgrown
- Encourage donations from Schools/ Church groups and Business drives
- Donate from sales — buy 1 for a child / buy 1 for CPO
- Make a request on Neighborhood, Social or Facebook Groups



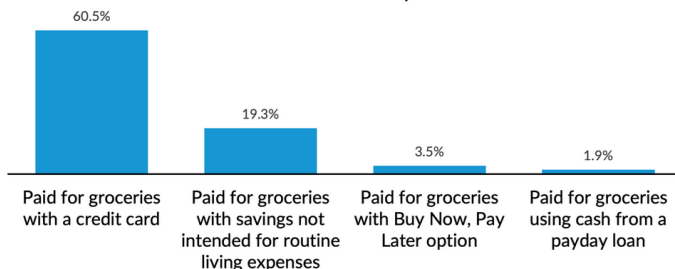
How Many Families Take on Debt to Pay for Groceries?

Since late 2021, prices for groceries—the third-largest household expenditure, behind housing and transportation—have increased rapidly. Families with low incomes can find it challenging to absorb these price increases, as they spend nearly one-third of their income on food. Although the rate of grocery price inflation slowed in 2023, especially relative to the peak of 15.7 percent recorded in June 2022, families are still paying over 20 percent more for food than they did in 2020. Food costs also shape consumers' sense of financial security, where the rising costs of living and price pressures contribute to growing sentiments of worsening economic conditions (Leger 2023).

How Households Cope with Financial Pressures

When experiencing financial pressures, consumers respond with a range of coping strategies, including drawing from their savings, cutting back on spending, using credit, taking on debt (both mainstream and high-cost; box 1), borrowing from friends and family, applying for public benefits, and seeking charitable supports. Many families knit together both public and private resources to meet their families' financial needs, based on the types and levels of resources they have access to. For example, families who are unable to access key public programs, like SNAP, or charitable food may need to rely more on their personal resources to make ends meet (Hacker 2019).

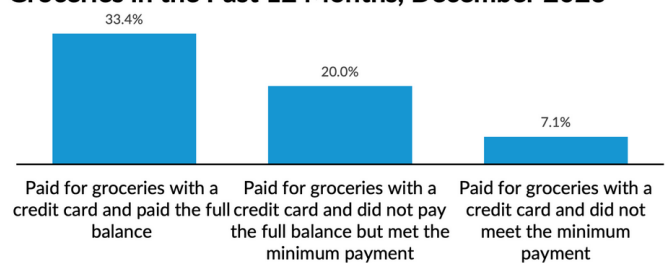
Share of Adults Ages 18 to 64 Reporting Their Families Used Different Resources to Pay for Groceries in the Past 12 Months, December 2023



Source: Well-Being and Basic Needs Survey, December 2023.

URBAN INSTITUTE

Share of Adults Ages 18 to 64 Reporting Repayment Difficulties on Credit Cards They Used to Pay for Groceries in the Past 12 Months, December 2023



Source: Well-Being and Basic Needs Survey, December 2023.

URBAN INSTITUTE



VS



Durham Bulls

LeHigh Valley Ironpigs

6:35 p.m.

Durham Bulls Athletic Park | 409 Blackwell Street, Durham, NC 27701

For information and to purchase tickets visit:
www.CatholicCharitiesRaleigh.org/BullsPitch4Charity

Every fan who purchases a ticket through the Catholic Charities ticket portal will receive a special Catholic Charities gift!

\$3 FROM EVERY TICKET WILL SUPPORT



Catholic Charities of the Diocese of Raleigh

Providing Help—Creating Hope—Serving All

Catholic Charities assists approximately 195,000 individuals each year through Disaster Services, Food Pantry Services, and Immigration Legal Services.



CatholicCharitiesRaleigh.org

#PitchIn4Charity

Questions? Please contact Malcolm Nicol, Catholic Charities Communications Specialist, at (984) 900 - 3116 or by email at Malcolm.Nicol@ccharitiesdor.org



VS



Fayetteville Woodpeckers

Columbia Fireflies

6:05 p.m.

Segra Stadium | 460 Hay St Fayetteville, North Carolina 28301

For information and to purchase tickets visit:
www.CatholicCharitiesRaleigh.org/WoodpeckersPitch4Charity

Every fan who purchases a ticket through the Catholic Charities ticket portal will receive a special Catholic Charities Gift!

\$5 FROM EVERY TICKET WILL SUPPORT



Catholic Charities of the Diocese of Raleigh

FAYETTEVILLE REGION

The Catholic Charities Fayetteville office assists approximately 10,000 individuals each year through its Food Pantry Services, Immigration Legal Services, and Children's Clothing Closet.